

UUCM Food Allergen Policy

As the numbers of people with food allergies rise, it has become increasingly important for people to read food labels to ensure their own safety and the safety of their children. It is all of our responsibility to give people the information they need to make healthy choices. It is the parents' responsibility to use this information to help their children avoid problem foods.

Therefore we are setting in place a set of rules to be followed for ALL foods donated to our community events, coffee hours, and as a gesture of support during difficult times.

- Label your creations with an ingredient list so that others can decide if your treat is one that is safe for them or their children to enjoy. Especially note whether the dish includes any of the 8 common food allergens - Milk, Eggs, Peanuts, Tree nuts (such as almonds, cashews, walnuts), Fish (such as bass, cod, flounder), Shellfish (such as crab, lobster, shrimp), Soy, Wheat**
- If you forget the label, you will be asked to complete a form to check off which of these 8 common food allergens are in the food.**
- Any food donated for the children's snack after religious education classes must NOT contain any of these 8 common food allergens.**
- Unlabeled food will be identified with a sign reading 'May contain food allergens'**
- Event organizers will be responsible for making sure all foods served are labeled.**

We appreciate everyone's adherence to this set of rules.